



Sept. 1, 2014

Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

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Arsenal Doctor's Clinic: From the outside, it doesn't look like much. But inside the doors, it's a whole different story. "I think our staff here takes absolute great pride in the fact that yes," says Captain Katherine Converse, Clinic Commander. "It may look old on the outside, but when you come inside it definitely looks like a medical clinic." This isn't your typical doctor's office; this clinic caters to a special clientèle.

"We actually render care to all of the military here on post as well as their spouses, their children, some retirees," Capt. Converse says. "We are working hard to build trust within the medical community, and army medicine in general," Capt. Converse continues. "There are some, who when they first arrived here, were seen on the outside. We're trying to bring them back and show them that we have the ability to

provide the services that they need and give them the best medicine that the world has to offer." The best medicine...Pills falling from chute...And the latest technology. "We do have state of the art equipment with digital capability as far as the x-rays are concerned," Capt. Converse says. "As soon as our tech takes the xray, the doc is able to see the



"HOME OF US ARMY LOGISTICS"



results right up on the screen quickly." [\(More\)](#)

Obama Issues Plan to Give Feds a 1 Percent Pay Raise: President Obama issued an alternative pay plan late Friday, setting an across-the-board increase for civilian federal employees of 1 percent in 2015. The figure matches the amount the president requested in his fiscal 2015 budget proposal. Obama issued a separate plan providing a 1 percent boost in monthly basic pay rates for military service members. Obama alluded to a desire to give feds a larger raise, but said he was not at liberty to do so due to budgetary concerns. [\(More\)](#)



OMB to Congress: Fix 2015 Budget to Avoid Return of Limited Sequester: If Congress doesn't take action in its final fiscal 2015 budget, the departments of Defense and Energy and the FBI could be on the hook to cut millions of dollars more in discretionary spending to meet the current budget cap levels. Under the



Senate's appropriations bills, the three agencies and others — considered under the defense category — would have to find an additional \$34 million in non-mandatory spending to cut in order to meet the current budget numbers slated for 2015. [\(More\)](#)

GAO: Federal Job Classification System Unfair, Inflexible: The federal General Schedule job classification system is inflexible, unfair and in urgent need of better management and oversight, according to a report published Sept. 2 by the Government Accountability Office. While the GS system was intended to maximize fairness within agencies and across government, while increasing transparency and flexibility, the system has fallen short in actual implementation and has become more complex over time, according to the GAO. [\(More\)](#)



Arsenal Island 9-11 Memorial Walk: Maj. Gen. Kevin O'Connell, commanding general of U.S. Army Sustainment Command, invites you to take part in a 3.25 mile 9-11 Memorial Walk in memory of the 9,777

Upcoming Dates

Sept. 9-11: DA Photos
Sept. 10: Tenant Senior NCO Meeting, Arsenal Island Golf Clubhouse, 11:30 a.m.
Sept. 11: Patriots Day, 9/11 Observance Ceremony, 9/11 Memorial Walk, 10 a.m.
Sept. 13: 3rd Annual COL Davenport House Croquet Party, 2 p.m.
Sept. 14: 200th Anniversary of the National Anthem [🎵](#)
Sept. 17: Employment & Education Fair, Heritage Hall, 10:30 a.m. - 1:30 p.m.
Sept. 18: RIA DeCA & AFFES Advisory Council, Commissary (DeCA), 1 p.m.
Sept. 18: RIA Islandwide Town Hall, Heritage Hall, Bldg. 60, 4 p.m., (Tentative)
Sept. 18: Honor Flight of the Quad Cities (QCI Airport)
Sept. 18-20: Stand Down 2014 for Homeless Veterans, QCCA, Rock Island
Sept. 24: Right Arm Night, Arsenal Island Golf Course Clubhouse, 4:30 p.m.
Sept. 25: Newcomer's Orientation and Tour of RIA and the QC, Arsenal Island Golf Course Clubhouse, 8 a.m.
Sept. 25: RIA 4th Quarter Retirement, Retreat & Award Ceremony, Heritage Hall, 2 p.m.
Sept. 28: Quad Cities Marathon, 7:30 a.m.
Oct. 2: Graduation Recognition Ceremony, Heritage Hall, 1 p.m.
Oct. 3: Oktoberfest, Quarters One Lawn, 5:30 p.m.
Oct. 3: DFMWR Fall Golf Tournament, Arsenal Island Golf Course, 9 a.m.
Oct. 7-9: DA Photos
Oct. 8: Garrison EEO Disability Awareness Month Fair, Heritage Hall, 10 a.m. - 1 p.m.
Oct. 9: Illowa Bi-State CFC Kick Off, Heritage Hall, 11 a.m. - 1 p.m.
Oct. 25: Army Retiree Appreciation Day, Heritage Hall, Bldg. 60



Americans who made the ultimate sacrifice on Sept. 11, 2001, and the subsequent Global War on Terrorism. Participants are asked to assemble by 6 a.m. on **Sept. 11** at the Memorial Field basketball court on Rock Island Arsenal. Participants will receive a bundle of 25 small U.S. flags, each flag representing a life lost since 9-11, and asked to remember their deeds and sacrifices; we will carry their legacy into the future and forever honor their selfless sacrifices in the name of freedom. At the conclusion of the Memorial Walk, participants will humbly place their U.S. flags in a Field of Honor, which will remain in place until just after Reveille on Friday, **Sept. 12**.

9-11 Memorial Remembrance

Ceremony: Maj. Gen. Kevin O'Connell, commanding general of U.S. Army Sustainment Command, invites you to attend a Remembrance Ceremony in memory of the 9,777 Americans who made the ultimate sacrifice on Sept. 11, 2001, and the subsequent Global War on Terrorism. The event takes place at the 9-11 Memorial (across



from Memorial Field) at Rock Island Arsenal, **Sept. 11**, at 2 p.m.

DoD to Observe Constitution Day, Citizenship Day:

The Department of Defense will observe Constitution Day and Citizenship Day, **Sept. 17**, to commemorate the signing of the U.S. Constitution in Philadelphia on that day in 1787. Specifically, Congressional Appropriations Bill H.R. 4818, P.L. 108-447, requires federal agencies to provide new employees with educational and training materials on the U.S. Constitution as part of the new employee orientation materials; and provide all federal agency employees educational and training materials on the Constitution on **Sept. 17**. To assist in celebrating this event, training and educational materials will be provided to all DoD employees to encourage them to hold ceremonies and special programs. The [Web site](#) provides useful information and resources, including an interactive course that helps people learn more about the Constitution and how this landmark document continues to guide this nation. The Deputy Under Secretary of Defense for Civilian Personnel Policy said in 2008 that we have a special obligation to understand and appreciate the Constitution and the role we each play in providing "for the

common defense. Observance of Constitution Day and Citizenship Day is one way for each of us to take some time to reflect upon our civic duties, rights and obligations through a renewed appreciation of this document." ([More](#))

Blood Drives: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room

(First Floor, Bldg. 60), on **Friday, Sept. 12, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119.



Charlie Corpuscle asks, "How many units of blood were donated for patients at our local hospitals through blood drives held on Arsenal Island in 2013?" Answer: 969. FYI – Each of those donations can touch the lives of as many as four patients in need!

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant



programs. For additional information [click here](#).

"Bridging The Gap" – Stand Down for Homeless Veterans:

Bridging The Gap-QCA will be holding a Stand Down for Homeless Veterans **Sept. 18, 19, & 20**, at the QCCA Expo Center in Rock



Island. The purpose of Stand Down is to provide a one-stop-shop for homeless veterans to find homeless services. 30+ Quad-Cities area agencies are expected to attend the event to offer services to homeless veterans. "Bridging the Gap" Homeless Veterans Stand Down is more than an assemblage of services. It is a group of volunteers and participants brought together in the spirit of caring and respect. They hope to inspire the hope, strength and will of the homeless veteran so each can gather the individual, internal energy and initiative to rebuild his or her life. Registration is required for the event and will take place **Sept. 18**, 4-6 p.m., and **Sept. 19**, 7 a.m. – 12 p.m. To donate: (309) 269-2012 Mike Malmstrom; to volunteer: (309) 593-4400 Gloria Menzer, volunteer4standdown@yahoo.com; to

support: (563) 370-1779 Sarah Oliver. Note: Veterans status verified at check-in. Services: Food, clothing, haircuts, showers, medical, eye testing, human services, legal aid, employment assistance, hearing van, social security, VAC's Vet Center, shelter referrals, disability claims, housing authority & more. Homeless veterans welcome overnight.

National POW/MIA Recognition Day Ceremony Cancelled:

The Arsenal Island observance event, previously scheduled for Sept. 19 has been cancelled. Sept. 19 remains a national observance



traditionally observed on the third Friday in September each year. "Missing... Seeking Answers" is the theme for this year's Recognition Day. Observances of National POW/MIA Recognition Day are held across the country on military installations, ships at sea, state capitols, schools and veterans' facilities. It is. This observance is one of six days throughout the year that Congress has mandated the flying of the National League of Families' POW/MIA flag. The others are Armed Forces Day, Memorial Day, Flag Day, Independence Day and Veterans Day. ([More](#))

RIA Voting Assistance Office: Election Day is only 60 days away – there's still time to register to vote and request an absentee ballot, but don't delay. The Rock Island Arsenal Voting Assistance Office can help service members, dependants, federal employees, retirees and visitors with voter registration and voting options. Stop by the 3rd Floor of Bldg. 56, or call (309) 782-8780, for all your voting needs. Service members and dependants can visit www.fvap.gov for further information on their voting rights, and to access online voter registration and absentee ballot forms. All other citizens who will be 18+ years of age on Election Day can visit www.eac.gov for information and to access the National Mail Voter Registration Form. POC: James Grimaldi, Installation Voter Assistance Officer, (309) 782-8780.



National Preparedness Month 2014:

This September marks the eleventh annual commemoration of National Preparedness Month. Over the past 11 years the Rock Island Arsenal has made great strides and our emergency



preparedness posture has improved greatly. This progress is evident in the way we have responded to the many natural disasters we face here in the Midwest; from flooding to severe thunderstorms and even a blizzard or two. Planning, preparation, and partnerships with the surrounding Quad Cities area allows our installation to face these incidents and minimize the impact on our Soldiers, Families, and civilians that work and live on RIA. We encourage you to continue supporting [RIA's preparedness efforts - without you we wouldn't be a Ready Army.](#) (StandTo!)

RIA Retirement Ceremony: Maj. Gen. Kevin G. O'Connell, Commanding General of the United States Army Sustainment Command and Rock Island Arsenal, cordially invites you to attend the Award, Retirement & Retreat Ceremony at Heritage Hall, Bldg. 60, Thursday, **Sept. 25**, at 1 p.m. We will honor our retiring Department of the Army civilians and exercise our Soldiers' first General Order by properly relieving them of their posts. Uniform for personnel not participating in the ceremony is military: duty uniform and civilian: casual.

Halloween in September Murder at the Lodge: Women In Defense 2nd Annual Halloween Murder Mystery Dinner: Friday, **Sept. 19**, at The Lodge, Bettendorf. \$40 per person/WID members \$35 per person. (Includes door prizes, Taco Buffet, prizes for 1st, 2nd & 3rd Best Costume). Registration/payment due by Sept. 12. Flyer may be found at: www.widiic.org. Time: **6:30 p.m.**

Cards for the Troops: Join us on Tuesday, **Sept. 23**, 6:30-9 p.m., at the Arsenal Island Golf Clubhouse for the 7th Annual Cards for the Troops. Hand-made rubber stamp art cards are created with the guidance of local stamping artists for our deployed troops to mail home to loved ones. No stamping experience required. 28,000+ cards sent to date; 8,000 created by 200 volunteers at last year's event and sent to our military serving in Afghanistan. Seating is limited, please RSVP to mssipple1@gmail.com. Packagers needed also. Please bring one roll of Scotch double-sided tape; all other materials supplied.

Arsenal Attic Thrift Shop: The Arsenal Attic Thrift Shop is open 9 a.m. - 3 p.m., every Tuesday and Thursday. This month we'll also be open two

Saturdays, **Sept. 13** and **Sept. 20**. See us on [Facebook](#). POC: (309) 782-6977.

FMWR, Commissary, and Post Exchange Advisory Council Meeting:

There will be a FMWR, Commissary, and Post Exchange advisory council meeting held Thursday, **Sept. 18**, 1-2 p.m., in Bldg. 90, 2nd floor, in Room 25. Soldiers, family members, and authorized patrons are invited to attend and provide input to the council to help improve these important military services and benefits.

VIOS Schedule for September, October, November, and December:

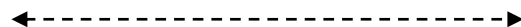
Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal **Sept. 9, 10, & 11; Oct. 7, 8, & 9; Nov. 4, 5, & 6; and Dec. 9, 10, & 11**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official



government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in [VIOS](#). To obtain an official government passport photo: 1. Schedule a passport photo appointment at the [RIA VIOS website](#). 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the [RIA VIOS website](#) FAQ.

Arsenal Island Employee Local

Discounts: *The following discounts are exclusively available to Arsenal Island employees – Chocolate Manor, 110 E 2nd St., Davenport:* We are offering a 10% discount to military and civilian employees on our gourmet, hand-crafted chocolates and candies; just show your ID card. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*



Arsenal Traffic/Construction



Rock Island Viaduct Sidewalk Closed to Pedestrians:

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

Upstream Sidewalk Closure on

Government Bridge: Until further notice, the "upstream" sidewalk on the Government Bridge, Structure 320, is closed because of damages caused by a barge. The bridge is only able to turn in a single direction and must return to the same position for closing. This will lengthen the amount of time the bridge is open for each barge and will increase delays for pedestrians, cars, and train traffic. The pedestrian gates for this sidewalk are "Closed", caution tape is on those gates, and a "Sidewalk Closed" sign has been positioned at the Davenport end of that same sidewalk. The "downstream" sidewalk on the Government Bridge is open and safe to use.

Future Ft. Armstrong Construction:

In the upcoming construction season, Rock Island Arsenal will be performing work on the intersection of Ft. Armstrong Drive and Rock Island Drive. This work will result in a full vehicle closure for the Installation's Rock Island Gate and Rock Island Viaduct, as well as restricting vehicles crossing the Government Bridge to "Installation-only" traffic. The American Discovery Trail will remain open. Construction is expected to last approximately two months, barring major weather delays. The exact construction start date is currently unknown. However, we have been coordinating with external agencies in an effort to minimize impact to the surrounding communities.

Reconstruction of River Drive from 19th Street to 23rd Street in Moline:

The Illinois Department of Transportation is planning the reconstruction of River Drive from 19th Street to 23rd Street in cooperation with the City of Moline. This work will be performed in preparation for the replacement of the 1-74 Mississippi River Bridge and will provide connection points along River Drive for the future interchange ramps. The proposed project consists of full removal of the existing roadway in this area and



replacement with new concrete pavement. In addition, new lighting, sanitary and storm sewers, water main, and a recreational path will be constructed throughout this section. In order to complete this work it will be necessary to close River Drive to traffic during the construction effort. The closure will be in effect from **Sept. 8 to Dec. 5**. The interchange of 1-74 with River Drive will also be closed during this time, but will reopen following the completion of this work. We have made every effort to limit the timeframe of the work so as to reduce inconvenience to you and your customers. Detour routes will be signed to ensure that motorists can access local businesses effectively.

Building/Space Closures

☐
There are no announcements at this time.

Active Duty/Reserve Zone

☐
Soldiers to Take Military Workplace Survey: Soldiers asked to participate in a workplace survey over the next couple of weeks should take a few minutes to

complete it, said Army Chief of Staff Gen. Ray Odierno. "This volunteer survey is short, and it is important," Odierno said in a letter to Soldiers selected to participate in the RAND study. "This survey is critical to the Army's efforts to monitor its performance over time, and to develop policies that improve the safety of our Soldiers," he said. ([More](#))

Haircuts for Heroes: During the month of September, local Quad Cities' business, Paul Mitchell the School, is providing a free hair cut to all service men and women in honor of the sacrifices made in the wake of 9-11. To redeem this offer reservations are required by calling (563) 323-4700 to make an appointment. Remember to come in uniform or bring your service ID. This business is located at 4020 Brady Street in Davenport. *This information is included for general active duty and reserve military interest and does not constitute endorsement of the businesses or products.*

Safety Spotlight

☐
Army Safety Awards Program: The Army Safety Awards Program is designed to promote and motivate

success in accident prevention through risk management by recognizing individual and unit accomplishments in safety. It features positive measurements of current Army goals, improved plaques and certificates, and streamlined submission procedures. The program allows organizations to develop additional awards tailored to meet their unique accident prevention and safety recognition goals. Current awards include the Headquarters Safety Award; Exceptional Organization Safety Award; Individual Award of Excellence in Safety; Guardian Safety Award; Sergeant Major of the Army Superior Soldier Safety Award; Aviation Broken Wing Award; Director of Army Safety Risk Management Award; Industrial Operations Safety Award; Excellence in Explosives Safety Award; Accident Prevention Award of Accomplishment; Aircrew Safety Award; Unit Impact Awards; Safety Excellence Streamer; Unit Safety Certification Award; and 10,000 Army Aviation Flight Hour Award. ([More](#))

Equal Opportunity Focus

☐
Garrison EEO Disability Awareness Month Fair: The Garrison EEO Disability Awareness Month Fair will be



held Wednesday, **Oct. 8**, 10 a.m. to 1 p.m., in Heritage Hall, Bldg. 60. Participants will include representatives from: • Illinois/Iowa Center for Independent Living; • Quad Cities Vet Center; • Army Community Services; • Good Will; • Genesis Health; • CPAC; and • ASC G1. For additional information or accommodation contact [Carmen Ausborn](#) at (309) 782-2927.

Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.

Volunteers Needed for QC Marathon: On Sunday, **Sept. 28**, the Quad Cities Marathon will travel through the Rock Island Arsenal and we are looking for volunteers to help make this leg of the race run smoothly and successfully. We need lots of volunteers and no affiliation to the Army or Rock Island Arsenal is required so please feel free to share this notice far and wide with anyone who might want to volunteer. Please call

Desiree at (309) 782-6789 for more info and to sign up.

MWR Leisure Travel Office

Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

Walt Disney Military Promotion

Tickets: 2015 Walt Disney World is saluting U.S. military personnel by offering Disney 4-Day Military Promotional Tickets. The Park Hopper Option is included, so you can come and go as you please through all four theme parks each day of your ticket. Purchase from **Aug. 25, 2014 through Sept. 30, 2015** and receive admission on any four days for just \$177 with the exception of the following blackout dates: • **Dec. 22 through Jan. 2; • March 29 through April 9.** And if you're looking for a little extra magic, add the Water Park Fun & More option for just \$30 more plus tax.

MWR Outdoor Recreation Storage

Units Available: Outdoor Recreation now has two indoor storage units available. Each unit is 10' x 15' and \$70 per month. Hurry these won't last. For

more information or to sign up please phone (309) 782-8630.

RIA MWR Small Vehicle RV Storage

Lot: Outdoor Recreation now has space for several vehicles in the North RV Storage Lot. Vehicles must be 20' or less in length. Cost is \$20 per month. For complete details please phone (309) 782-8630. Hurry these spaces will be gone fast.

Books Are Fun: Books Are Fun will be visiting Bldg. 60 Heritage Hall area for two days, Tuesday, **Sept. 9** – Wednesday, **Sept. 10**. They will be offering discounted books and merchandise.
Time: **9 a.m. – 2 p.m.**

MTP Audit Time: The Leisure Travel office will be taking ticket orders w/payment for WDW and Universal tickets until Wednesday, **Sept. 10**. Ticket ordering will resume on Wednesday, **Sept. 24**. Please remember there is a two - three week delivery.

Leisure Travel Office Relocating: In order to better serve our customers, on **Sept. 18**, the Leisure Travel Office will be moving to Bldg. 333 where it will be co-located with Outdoor Recreation. The phone number will remain the



same, (309) 782-5890, and we'll still offer all the great travel and entertainment deals you've come to expect so come on down and see us at our new location beginning on the **Sept. 18.** ([More](#))

Disney LIVE! Mickey's Musical

Adventure: Disney hits are remixed to the hottest sounds of today featuring hip hop, pop, swing, reggae, rock, country and much more. The irresistible lineup of performers, including Mickey, Minnie, Donald and Goofy; Ariel, Sebastian and Ursula; Jasmine, Aladdin and Genie; and Woody, Buzz and Jessie; are among the more than 25 Disney stars featured in this jam session fit for the entire family. Discounted tickets on sale until **Sept. 23** (Lower \$23 upper \$16). Two shows 4 p.m. and 7 p.m.

MWR Inside Sale: One man's junk is another man's treasure. Stop by to shop or rent a table and sell. No need to worry about the weather the Inside Sale will be located in Bldg. 60 Heritage Hall. Cost is \$5 per table. ([More](#))

Date: **Saturday, Sept. 13**

Time: **8 a.m. - 1 p.m.**

MWR Outdoor Recreation

Maquoketa River Canoe Trip: Join Outdoor Recreation for a scenic canoe

trip down the Maquoketa River. Cost is \$35 per canoe or \$20 per kayak.

Participants must register and prepay at Outdoor Recreation by **Sept. 19.** For complete details phone Bob Lampert at (309) 782-8630. ([Flyer](#))

Date: **Saturday, Oct. 4**

Time: **9 a.m. - 2 p.m.**

Galena Country Fair Bus Trip:

Galena Country Fair hosts more than 150 vendors offering original handmade items, crafts and fine art. Held in picturesque Grant Park overlooking historical Galena, Ill. Family fun includes children's games, live music, great food, silent auction and so much more. Limited seats available at \$41 each.

Date: **Saturday, Oct. 11**

Time: **8 a.m. - 7 p.m.**

Circa 21: Funny You Don't Look Like

A Grandmother: This humorous, heartwarming musical revue looks at modern grandmothers in a whole new light. These are the women who have thrown away the granny glasses, shapeless black dresses and Red Cross shoes and replaced them with cute little tennis dresses, skis and a condo in Florida. Whether you are a grandparent or a grandchild, every generation will

love this show. Discounted tickets (\$45) available until **Oct. 11.**

Date: **Saturday, Oct. 25**

Time: **5:45 p.m.**

QC River Bandits: MWR Leisure

Travel has discounted game vouchers for any 2014 home game. Vouchers are redeemable at the QC River Bandits box office.

Six Flags Great America: The Leisure Travel Office is still offering discounted one day admission (\$45) tickets now through Fright Fest. We also have discounted parking tickets.

Adventureland: Adventureland

Amusement Park contains more than 100 rides, shows, and attractions including some of the country's most exciting roller coasters and thrill rides that can challenge the most avid amusement park enthusiasts. There are also plenty of rides for less adventurous guests including great water rides as well as a full complement of children's rides spread throughout the park. But the entertainment doesn't stop with rides - Adventureland presents a full array of shows in the park - from live music to magic to song and dance - there's always something to suit everyone's taste. Leisure Travel has discounted general



one day admission tickets for the 2014 season, \$32 for adults and children.

Walt Disney Military Promotion

Tickets: Disney has renewed the Armed Forces Salute for yet another year. The offer will run **Sept. 29, 2013 – Sept. 27, 2014**. Qualified individuals may purchase up to a maximum of six theme park tickets during the period. Four-Day Park Hopper tickets \$169 Four-Day Water Park & More tickets for \$169 Four-Day Park Hopper tickets plus the Water Park & More option for \$198, **April 13** (no theme park or water park use) **July 4** (no Magic Kingdom use) Please allow three weeks for ticket arrival when ordering.

Davenport Cinemark 53rd 18 + IMAX

Theatre: Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

Child, Youth & School Services



Covenant Cottage Child Development

Home: [Covenant Cottage Child Development Home](#) is available for

backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

Army Community Service (ACS)



ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here.](#) 24/7 Sexual Assault Hotline: (309) 229-8412



Scream Free Marriage Course 1:

ACS is hosting three class sessions Wednesday, **Sept. 10**, 4-5:30 p.m., that may provide class participants with new skills and techniques to assist them with effective communications skills with

their partner. RSVP with Army Community Service at (309) 782-0829. ([Flyer](#))

Employee Assistance Program



For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1st floor, East.

National Recovery Month: [National Recovery Month](#)

is a national observance that educates Americans on the fact that addiction treatment and mental health services can enable those with a mental and/or substance use disorder to live a healthy and rewarding life. The observance's main focus is to laud the gains made by those in recovery from these conditions, just as we would those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease. Recovery Month spreads the positive message that behavioral health is



essential to overall health, prevention works, treatment is effective, and people can and do recover. Recovery Month, now in its 25th year, highlights individuals who have reclaimed their lives and are living happy and healthy lives in long-term recovery and also honors the prevention, treatment, and recovery service providers who make recovery possible. Recovery Month promotes the message that recovery in all its forms is possible, and also encourages citizens to take action to help expand and improve the availability of effective prevention, treatment, and recovery services for those in need. Each September, thousands of prevention, treatment, and recovery programs and services around the country celebrate their successes and share them with their neighbors, friends, and colleagues in an effort to educate the public about recovery, how it works, for whom, and why. There are millions of Americans whose lives have been transformed through recovery. These successes often go unnoticed by the broader population; therefore, Recovery Month provides a vehicle to celebrate these accomplishments. The 2014 Recovery Month observance emphasizes the many ways that people can prevent behavioral health issues, seek treatment, and sustain recovery as part of a

commitment to living a mentally, physically, emotionally, and spiritually healthy life. Currently, 203 Federal, State and local government entities, as well as non-profit organizations and associations affiliated with prevention, treatment, and recovery of mental and substance use disorders, comprise the Recovery Month Planning Partners' group. The Planning Partners assist in the development, dissemination and collaboration of materials, promotion and event sponsorship for the Recovery Month initiative. If you have questions about substance abuse or mental disorders, or you are in recovery and would like to know of services available, please contact the Rock Island Arsenal Employee Assistance Program at 782-HELP (4357).

Assertiveness Training: Learn strategies to communicate effectively and to enhance yourself personally & professionally. Classes taking place Tuesdays, 10:30 a.m. – 12 p.m., on the following dates: **Sept. 23, Oct. 28, Nov. 25, and Dec. 16;** in Bldg. 56, 1st Floor, Room 122. Sign up in [TEDs](#) (search key word "assertiveness") or call (309) 782-2552.

Time Management: Do you feel that there is never enough time in a day to

get everything done? Would you like to learn some tips to become more organized and free up some time for more fun? Sign up for a time management class. Classes will be taking place Tuesdays, 10:30 a.m. – 12 p.m., on the following dates: **Sept. 16, Oct. 21, Nov. 4, and Dec. 9,** in Bldg. 56, 1st Floor, Room 122. Sign up in TEDs (search key word "time management") or call (309) 782-2552.

Community Resiliency Academy Announcement – Real Colors: Real Colors offers you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the differences in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Workshop Dates: **Sept. 17, Oct. 15, Nov. 12, and Dec. 10.** Sign up in TEDs (search key word "real colors") or for more information contact Lori Griffin at (309) 782-2551.

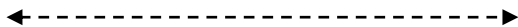
PTSD Support Groups: Are you or a loved one experiencing symptoms of Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you



through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Grief Support Group: Grieving? We can help. The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays from 3:00 until 4:00 in Bldg. 56, 1st Floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

Smoking Cessation Group: Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., in the EAP office located in Bldg. 56, 1st Floor, East Wing.



Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.

Employment - Education Event:

Service members, veterans, family members, and DoD civilians, "mark your calendars now" for U.S. Army Garrison Rock Island Arsenal's combined Employment and Education Event, Wednesday, **Sept. 17**, 9:30 a.m. to 1:30 p.m., in Heritage Hall, Bldg. 60. More than 40 employers and 20 academic institutions are scheduled to participate. Employers are looking for talented and experienced personnel to fill vacancies in the Quad Cities and nationwide and will be accepting resumes and conducting interviews on site. Academic institutions will be providing information on both local and on-line education programs and opportunities. Veteran Service Organizations will also be available to assist eligible personnel with services, such as resume development, as well as provide GI Bill and other VA program-related information. This Event is a wonderful opportunity to network with employers, schools, and other professional organizations. Don't let this great opportunity pass you by – save the date on your calendar. POC: (309) 782-7780 or usarmy.ria.usag.mbx.hrm-tsm@mail.mil

Limited Hours for Army Education

Center: On Wednesday, **Sept. 17**, the USAG Rock Island Army Education Center will have limited operation hours due to participation in the Employment-Education Event, Bldg. 60, 9:30 a.m. - 1:30 p.m. Please call us before visiting, or come see us at the event. Phone: (309) 782-2065.

Limited Hours for Army Ed Center:

On Wednesday & Thursday, **Oct. 1-2**, the USAG Rock Island Arsenal Army Education Center will have limited operation hours due to hosting the first Annual Commencement Recognition Ceremony, Bldg. 60, 1-3 p.m. Please call us before visiting and come help celebrate our military grads. Phone: (309) 782-2065.

RIA Army Education Center Co-Hosting Employment-Education

Event: The U.S. Army Garrison Rock Island Arsenal is hosting a combined Employment-Education Event on Wednesday, **Sept. 17**, 10:30 a.m. - 1:30 p.m., in Heritage Hall, Bldg. 60. If you missed our last big event in April, mark your calendars now. This event combines our education fair with our employment event. We will have expanded employer participation, Veteran Service Organizations to assist



with resources and resume development and up to 20 local and online academic institutions in attendance to provide information regarding educational opportunities for Soldiers, veterans, family members and government employees. Please join us to learn more about educational opportunities and how they can benefit you. Point of Contact: Stephanie Allers, Guidance Counselor stephanie.e.allers.ctr@mail.mil or (309) 782-2065 for further information.

Save the Date: Webinars - Joint Services Transcripts and Military Transcript Evaluations:

The American Council on Education announced 2014 dates for a webinar: »» Demystifying Military Evaluations Fridays, 2 p.m. EST (Sept. 5) [Register online](#) The webinar are free but do require registration. A link to the event will be provided after registration.

Commissary / Exchange

The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island

employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

Case Lot Sales Return to Stateside Commissaries Aug. 14 - Sept. 30:

Case lot sales are back! With the unveiling of the Commissary Customer Appreciation Case Lot Sale, the Defense Commissary Agency brings back the popular sales event for its stateside stores. Each commissary will hold a two-to-three-day event from Aug. 14 to Sept. 30. Case lot sales feature a multitude of items, some at savings of 50 percent or more, in full cases and in the club pack format found in off-base club warehouse stores. ([Schedule of case lot sales](#))

Arsenal Archive

Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is

open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

Croquet Event Postponed Until Sept. 13:

The Colonel Davenport Historical Foundation decided to postpone the Colonel's Croquet Party until Saturday, Sept. 13, due to the very hot and humid weather. "We know that it is a last-minute decision, but it's not going to be a very fun afternoon if everyone is too hot. We want to be considerate of the welfare of our attendees," said Jessica Waytenick, CDHF Board Vice President. Step back in time for the third annual Colonel's Croquet Party on Saturday, Sept. 13, on Arsenal Island at 2 p.m. Don your croquet whites (not required) to play the same game of croquet you play in your backyard. Croquet courts will be set up on the lawn of the historic Quarters One. Croquet equipment will be provided. There will be hors d'oeuvres and drinks served al fresco at Quarters One. No-host bar available. Creekside Vineyards Winery in Coal Valley, Ill., will provide a complimentary wine tasting. Attendees also receive a complimentary guided tour of the Colonel Davenport House. Tickets are \$25 for adults; and \$10 for



children 11 years and younger to attend the Colonel's Croquet Party. For more information or to purchase tickets, contact Jessica Waytenick at (309) 737-4280 or purchase tickets online at www.davenporthouse.org.

This Week in Rock Island Arsenal History – Sept. 1-7: In September 1877, the sun dial located at the end of Gillespie Avenue near Quarters One was dedicated. On Sept. 4, 1918, Beatrice Campbell was hired as forelady of the fuze department in the ammunition loading plant (Shop L – Bldg. 250). In September 1910, a chemical laboratory was organized and equipped at RIA with a permanent full time chemist placed in charge of the operation. In September 1866, excavation began for Shop C (Bldg. 104). Congress established employee compensation for accidents that occurred on the job on Sept. 7, 1916. In September 1841, Congress asked for a thorough examination of potential sites for an armory in the west. Rock Island was included in the survey.

Healthbeat

Rock Island Arsenal Health Clinic Closures & Limitations: The Health Clinic will have the following closures

and limitations in the coming month: • Limited appointments **Sept. 5-12**; • One provider on leave; • X-ray will not be available **Sept. 2-5**.

Army Suicide Awareness Month: In support of the nation's observance of Suicide Prevention Week, Sept. 8 -14, 2014, the U.S. Army amplifies its promotion the importance of resilience building and suicide awareness within the Army profession during the entire month of September. This year's theme is Enhancing Resiliency -- Strengthening Our Professionals. ([More](#))

TRICARE Tip of the Week: Many beneficiaries have asked the question, why do I need to go to a primary care manager at the military treatment facility? Your primary care manager assignment is based on your home address and the military treatment facility requirements for your area. Some MTFs require PCM assignment for members who live within a 30-minute drive time. If your home address is within 30 minutes, and you are in an area with an MTF that requires enrollment, your PCM assignment must be with the MTF. Drive time standards: Active duty service members - maximum 60-minute drive time from your home address to an MTF All other

beneficiaries - maximum 30-minute drive time from your home address to an MTF. Have a Great TRICARE Day!

Notes for Veterans

25 Years of PTSD Research, Education and Technology Provides Comprehensive Mental Health Care for Veterans: The Department of Veterans Affairs' (VA) National Center for Posttraumatic Stress Disorder (NCPTSD) celebrates its 25th anniversary. "We are extremely proud of the Center's work over the last 25 years," said Interim Under Secretary for Health Dr. Carolyn Clancy. "VA will continue to study, create awareness, educate and develop policies which better the lives of Veterans with PTSD for years to come." ([More](#))

VA Rallies Community Support for Veterans During Suicide Prevention Month: One small act could save the life of a Veteran or Servicemember in crisis – that's the inspiration behind "The Power of 1" campaign. The campaign will launch this September during Suicide Prevention Month and is a joint project coordinated by the U.S. Department of Veterans Affairs (VA) and the U.S. Department of Defense



(DoD). “The campaign emphasizes the effect that just one person, one conversation, or one act can have on the life of a Veteran or Servicemember by offering hope and opening the door to support,” said Dr. Carolyn M. Clancy, Interim Under Secretary for Health. “It also is designed to spread the word about VA and DoD mental health resources and suicide prevention efforts.” ([More](#))

Secretary McDonald Commemorates 100 Years of VA Life Insurance Program

Secretary of Veterans Affairs Robert A. McDonald commemorated one hundred years of the Department of Veterans Affairs (VA) Life Insurance program today with employees at the VA Life Insurance Center in Philadelphia, Pennsylvania. The milestone honors the enactment of the War Risk Insurance Act, Sept. 2, 1914, which is the foundation for VA life insurance protection. “We are thrilled to celebrate this important milestone in VA’s history. Our life insurance program is tailored specifically to meet the needs of our men and women in uniform and Veterans so their families can have peace of mind knowing they are protected,” said Secretary McDonald. “Just as VA is constantly evolving and growing, so are our

benefits programs. We know the quality and customer service given to VA insurance policy holders will continue to progress over the next one hundred years.” ([More](#))

Carpooling Announcements



Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

Did You Know?: The [AMTBP \(Army Mass Transportation Benefit Program\)](#) is a program where Army employees can qualify for up to \$130 in reimbursements for use of mass transportation (to include van pooling). ([More](#))

Carpool:

- **Ride:** Looking for a ride and pay for gas. Location – Sherwood Forest Apartment, Davenport. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). ([Email](#))

- **Carpool:** Carpool from Rio, Ill., looking for people to carpool with along 150. Please call (309) 782-5472.

Around the Q.C.



- Sept. 5:** [4th Annual Pints for Preservation](#) (Niabi Zoo, Coal Valley, Ill.)
- Sept. 5-6:** [Adonai Patriot Golf Tournament](#) (Oakview Country Club, Aledo, Ill.)
- Sept. 5-21:** [East West Riverfest](#) (Various QC Locations)
- Sept. 6:** [2nd Annual Bags & Brews](#) (Lindsay Park, Davenport)
- Sept. 6:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)
- Sept. 6:** [¡Viva! Quad Cities](#) (Isle of Capri, Bettendorf)
- Sept. 6:** [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)
- Sept. 6:** [Lift 4 Lupus](#) (QC Barbell Davenport)
- Sept. 6-7:** [Beaux Arts Fair](#) (Downtown Davenport)
- Sept. 7:** [QC Fall Bridal Fair](#) (iWireless Center)
- Sept. 12:** [40th Anniversary Red Ruby Gala](#) (Figge Art Museum, Davenport)
- Sept. 13:** [Indoor Yard Sale](#) (Heritage Hall, Bldg. 60, Rock Island Arsenal)
- Sept. 13:** [Colonel's Croquet Party](#) (COL Davenport House, Rock Island Arsenal)
- Sept. 13:** [Taming of the Slough](#) (Empire Park, East Moline)
- Sept. 13:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- Sept. 13:** [50th Anniversary of the Start of the Vietnam War dinner, hosted by](#)



[the local U.S. Navy Seabee Vietnam Veterans of America](#) (4 p.m., American Legion, Moline)

Sept. 13: [Hilltop Campus Village 5th annual Fall Music Festival](#) (Hilltop Campus Village, Davenport)

Sept. 13: [It's Glow Time 5k](#) (Bass Street Landing, Moline)

Sept. 13: [National Alliance on Mental Illness Greater Mississippi Valley Walk](#) (Centennial Park, Davenport)

Sept. 14: [Quad Cities Culinary Ride](#) (Quad Cities Food Hub, 421 W River Dr, Davenport)

Sept. 16-18: [Thomson Prison Job Fair - preference to hire veterans](#) (AUSP Thomson, 1100 One Mile Road, Thomson, Ill.)

Sept. 19: [National POW/MIA Recognition Day Ceremony](#) (10 a.m., POW/MIA Marker, Rodman Ave., Rock Island Arsenal)

Sept. 18-20: [Stand Down 2014 for Homeless Veterans](#) (Q.C.C.A. Expo Center, Rock Island)

Sept. 19: [Women in Defense Halloween Murder Mystery Dinner](#) (The Lodge, 900 Spruce Hills Drive, Bettendorf)

Sept. 19-20: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)

Sept. 20: [15th Annual WQPT Brew Ha Ha](#)

Sept. 20: [SAU Killer Bee 5K Run/Walk](#) (Rogalski Center, Davenport)

Sept. 20: [Walk with Travis](#) (Scott County Park's Whispering Pines Shelter, Davenport)

Sept. 20: [Jog For Henry's Dog Walk/Jog With Your Dog](#) (Crow Creek Park, Bettendorf)

Sept. 20-21: [Riverssance Festival of Fine Arts](#) (Lindsay Park, Village of East Davenport)

Sept. 21: [Arrowhead Auction](#) (Arrowhead Campus, 12200 104th St., Coal Valley, Ill.)

Sept. 21: [Dog Day Afternoon Crawl for a Cause](#) (Downtown Davenport)

Sept. 21: [Quad Cities Mustang Club Fall Cruise In](#) (Dahl Ford, Davenport)

Sept. 21: [2nd Annual QC Fun Con](#) (Clarion Hotel, Davenport)

Sept. 27: [One Mile Walk for Prostate Cancer](#) (1201 River Dr., Moline)

Sept. 27: [Quad City Animal Welfare Center 12th Annual Mutt Strut](#) (Quad City Animal Welfare Center, 724 2nd Ave W, Milan, Ill.)

Sept. 27: [2nd Annual Fall Fling & Artisan Market](#) (Skeleton Key Art and Antiques, 520 18th St, Rock Island)

Sept. 27: [Free Family Day at Figge Art Museum](#) (Figge Art Museum, Davenport)

Sept. 27: [2nd Annual Mutts on the Mississippi Bi-state Run/Walk](#) (Clinton, Iowa)

Sept. 27: [Inaugural LiveFit With Lupus Golf Outing Extravaganza](#) (Hidden Hills Golf Course, Bettendorf)

Sept. 28: [17th Annual Quad Cities Marathon](#)

Sept. 26-28: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)

Oct. 4: [4th Annual Walk/Run for Wishes](#) (Modern Woodmen Park)

Oct. 4: [Night of the Running Dead 5K](#) (Davenport)

Oct. 4: [QC Bacon Bash](#) (Mississippi Valley Fairgrounds)

Oct. 4: [GiGi's Super Hero Run](#) (Bettendorf)

Oct. 5: [Color in Motion 5K Quad Cities](#) (Mississippi Valley Fairgrounds)

Oct. 5: [Q.C. Gearheads Buffalo Pumpkin Patch Car Show](#) (Buffalo Pumpkin Patch, 4th Street, Buffalo, Iowa)

Oct. 11: [Trinity Quad Cities Classic Regatta](#) (on the Mississippi River in Moline)

Oct. 11: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)

Oct. 11: [Quad Cities Families On Challenge](#) (Credit Island Park, Davenport)

Oct. 12: [Apple Fest](#) (Downtown LeClaire, Iowa)

Oct. 18: [3rd Annual Fallen Soldiers 5K](#) (WIU Campus Recreation Center, 1001 W. University Dr., Macomb, Ill.)

Oct. 18: [Shamrock 'n Roll](#) (The Stern Center, 1713 3rd Ave, Rock Island)

Oct. 18: [Wholistic Arts Festival](#) (Mississippi Valley Fairgrounds)

Oct. 18: [Northpark October Craft/Vendor Show](#) (NorthPark Mall, Davenport)

Oct. 22: [Eastern Iowa/Western Illinois Veterans Conference](#) (St. Ambrose's Rogalski Center, Davenport)

Oct. 23: [Fright Night](#) (The District, Rock Island)

Oct. 25: [Lagomarcino's Cocoa Beano 5K Race](#) (Moline)

Oct. 25: [Military Appreciation / Pumpkin Cannon Festival Weekend](#) (Country Corner Farm Market & Pumpkin Patch, 5333 Us Highway 150, Alpha, Ill.)

Oct. 25-26: [Boo at the Zoo](#) (Niabi Zoo, Milan, Ill.)

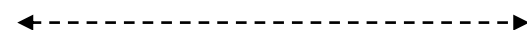
Oct. 25-26: [2nd Annual Military Appreciation Festival](#) (Country Corner Farm Market & Pumpkin Patch, 5333 US Highway 150, Alpha, Ill.)

Nov. 7: [Veterans and Military Spouse Workforce Symposium](#) (Western Illinois University—Quad Cities campus, 3300 River Drive, Moline)

Nov. 7: [Veterans Recognition Celebration and Luncheon](#) (Milan Community Center, Milan, Ill.)



Nov. 8: [Vietnam Veterans of America Region 6 Conference](#) (Wild Rose Casino, Clinton, Iowa)
Nov. 15: [Southpark Mall November Craft and Vendor Show](#) (SouthPark Mall, Moline)
Nov. 22: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 22: [Lighting on the John Deere Commons](#) (John Deere Commons, Moline)
Nov. 22: [Holiday Pops Concert](#) (Downtown Moline)
Dec. 7: [19th Century Christmas](#) (Butterworth Center, Moline)



Island Insight



Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor
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National Recovery Month
 Prevention Works - Treatment is Effective - People Recover
 SEPTEMBER 2014
 25 YEARS

JOIN THE VOICES FOR RECOVERY

SPEAK UP
REACH OUT
2014

ASAP
 Army Substance Abuse Program

September is National Recovery Month. IMCOM Army Substance Abuse Program is a resource for those in need of assistance. Visit www.acsap.army.mil This program is administered locally through the Rock Island Arsenal EAP.

